

# December 2022 Movement Challenge Brain Boost Tracking Calendar



- Use this calendar to track your class’s daily Brain Boosts. Just circle when you’ve completed one!
- After the challenge: Submit the total number of Brain Boosts your class completed in December using the Movement Challenge Google Form by Friday, January 13<sup>th</sup>, 2023.
- All teachers must complete at least 75% (23 out of 30) of brain boosts AND submit the Movement Challenge Google Form to be eligible for prizes.
- Two teachers at each participating school – one new-to-M2L and one returning - will have a chance to win a \$50 gift card! The school with the highest percentage of new-to-M2L teachers participating will be eligible for additional prizes.

<b>Week 1</b>	<b>Nov 28</b>	<b>Nov 29</b>	<b>Nov 30</b>	<b>Dec 1</b>	<b>Dec 2</b>
	AM Brain Boost	AM Brain Boost	AM Brain Boost	AM Brain Boost	AM Brain Boost
	PM Brain Boost	PM Brain Boost	PM Brain Boost	PM Brain Boost	PM Brain Boost
<b>Week 2</b>	<b>Dec 5</b>	<b>Dec 6</b>	<b>Dec 7</b>	<b>Dec 8</b>	<b>Dec 9</b>
	AM Brain Boost	AM Brain Boost	AM Brain Boost	AM Brain Boost	AM Brain Boost
	PM Brain Boost	PM Brain Boost	PM Brain Boost	PM Brain Boost	PM Brain Boost
<b>Week 3</b>	<b>Dec 12</b>	<b>Dec 13</b>	<b>Dec 14</b>	<b>Dec 15</b>	<b>Dec 16</b>
	AM Brain Boost	AM Brain Boost	AM Brain Boost	AM Brain Boost	AM Brain Boost
	PM Brain Boost	PM Brain Boost	PM Brain Boost	PM Brain Boost	PM Brain Boost

**Total Brain Boosts: \_\_\_/30**